

FRUITING TREES

Common Name	Latin Name	Form	Sun	Height	Width	Harvest	Edible Parts	Notes	Moisture	Zones	Native	Wildlife
Serviceberry, Juneberry	Amelanchier arborea	Tree	PS, Shade	15-25'	15-25'	Summer	Berries	Showy flowers and fruit; good fall color; will sucker to create a shrub unless pruned	Dry to Moderate	4-9	Yes	Used by 58 wildlife & 35 bird species
Japanese persimmon	Diospyros kaki 'Hana Fuyu'	Tree	Sun	12-15'	12-15'	Late fall into winter	Fruit	Ornamental; good for espalier	Moderate	7-10	No	
Mini-dwarf apple	Malus pumila	Tree	Sun				Fruit				No	
American plum	Prunus Americana	Tree, Shrub	Sun, PS	15'	15'	April-May	Fruit	Self-fertile; colonizing suckers; fragrant blooms; adapted to poor soils; requires spraying for plum curculio	Dry to Moderate	5-9	Yes	Birds, Native Bees, honey bees, butterflies
Dwarf peach tree, Bonanza	Prunus persica 'Bonanza'	Tree	Sun	5-6'	5-6'	June	Fruit	Self fertile; profuse producer; medium to large freestone fruit		7-9	No	
Pomegranate	Punica granatum, Russian Pomegranate Salavatski	Tree	Sun	6-20'	8-10'	August-September	Fruit	Self-fertile; prune to desired size; hummingbirds	Dry to Moderate	7-10	No	

FRUITING SHRUBS

Common Name	Latin Name	Form	Sun	Height	Width	Harvest	Edible Parts	Notes	Moisture	Zones	Native	Wildlife Value
Goumi, Sweet Scarlet	Eleagnus multiflora	Shrub	Sun, PS	6'	6'	June-July	Fruit	Nitrogen fixing; fully ripe fruits are juicy, sweet & tart	Moderate	4-9	No	
Fig, Violette de Bordeaux	Ficus carica	Shrub	Sun	6-10'	4-8'	Fall	Fruit	Self-fertile; heat, humidity, drought; resistant to pests and disease	Moderate	5-8	Middle East, Western Asia	
Spicebush	Lindera benzoin	Shrub	PS, Shade	6-16'		September-October	Berry	All parts edible and aromatic; herbal uses	Moderate to Wet		Yes	Butterflies, Birds, Small Mammals
Pasture or Carolina rose	Rosa carolina	Shrub	Sun, PS	3-6'	5-10'	August-March	Rose hips	Pale pink flowers, May to June	Moderate	9-Apr	Yes	Birds, small mammals
Lowbush Blueberry	Vaccinium angustifolium	Shrub	Sun, PS	1-2'	1-2'	July-August	Fruit	Acidic soil; groundcover	Dry to Moderate	2-7	Yes	Butterflies, birds, beneficial insects, small mammals
Huckleberry	Vaccinium ovatum	Shrub	Sun, Shade	4'	4'	Late Summer	Fruit	Self-fertile; evergreen; acidic	Dry to Moderate	3-7	West Coast	
Dwarf blueberry, Top Hat	Vaccinium 'Top Hat'	Shrub	Sun	2'	2'	July-August	Fruit	Acidic soil	Dry to Wet	5-7	Yes	

NUTS

Common Name	Latin Name	Form	Sun	Height	Width	Harvest	Edible Parts	Notes	Moisture	Zones	Native	Wildlife Value
American Chinquapin, dwarf chestnut	Castanea pumila	Shrub	PS	6-12'	10'	Summer	Nuts	Need 2 to set fruit; ornamental; fall color; susceptible to chestnut blight	Dry	5-9	Yes	Nectar insects, birds, small mammals, deer

Native American Filbert (Hazelnut)	<i>Corylus americana</i>	Shrub	Sun, PS	6-12'	6'	August	Nuts	Need 2 to set fruit; showy flowers; fall color; clay soil; remove suckers	Moderate	5-8	Yes	Birds
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FRUITING VINES

Common Name	Latin Name	Form	Sun	Height	Width	Harvest	Edible Parts	Notes	Moisture	Zones	Native	Wildlife
Hardy Kiwi, 'Jenny'	<i>Actinidia deliciosa</i> 'Jenny'	Vine	Sun	15-20'	8-13'	Late Summer, Early Fall	Fruit	Self-fertile; trellis	Moderate	6-10	No	
Passion flower, Maypops	<i>Passiflora incarnata</i>	Vine	Sun	20'	Variable	September-October	Lg. berries	Herbaceous vine; spreads by runner	Dry, Moderate	7-11	Yes	Bees, Butterflies, Small mammals
Grape, Lenoir	<i>Vitis aestivalis</i> hybrid	Vine	Sun	Space 8' on trellis		Summer	Fruit	Self-fertile heirloom; highly disease resistant; naturally occurring hybrid found in 1830s in SC	Moderate	6-8	Yes	
Grape, Carlos Bronze Muscadine	<i>Vitis rotundifolia</i>	Vine	Sun	Space 4x8' on 6' trellis		Summer	Fruit	Sweet, self-fertile, yellow muscadine; no spraying or bagging needed	Moderate	7-9	Yes	

FRUITING BRAMBLES

Common Name	Latin Name	Form	Sun	Height	Width	Harvest	Edible Parts	Notes	Moisture	Zones	Native	Wildlife
Allegheny blackberry	<i>Rubus allegheniensis</i>	Bramble	Sun, PS	3-9'		July-September	Berry	Self-fertile	Dry to moderate	3-7	Yes	Butterflies, birds, beneficial insects, small mammals
Blackberry, Heaven Can Wait™	<i>Rubus fruticosus</i> 'A 1960'	Bramble	Sun	4'	3-5'	Extended harvest	Berry	Self-pollinating, thornless, erect, sweet flavor, heavy yields	Moderate	5-8	PPAF	
Dwarf raspberry, Patio raspberry, Raspberry Shortcake™	<i>Rubus idaeus</i> 'NR7'	Bramble	Sun	2-3'	2-3'	Late Summer, Early Fall	Berry	Blooms first year; thornless and self-pollinating	Moderate	5-9	PPAF	Birds, butterflies
Raspberry, Canby	<i>Rubus idaeus</i> var. <i>strigosus</i> 'Canby'	Bramble	Sun, PS	4-6'	4-6'	Summer	Berry	Cold hardy and thornless, self- pollinating; arching form	Moderate	3-8		

PERENNIAL VEGETABLES & HERBS

Common Name	Latin Name	Form	Sun	Height	Width	Harvest	Edible Parts	Notes	Moisture	Zones	Native	Wildlife
Ramps	<i>Allium tricoccum</i>	herb	PS, Shade	8"	4-8"	Spring	whole plants	Spring ephemeral; slow to reproduce; harvest leaves sparingly	Moderate to wet	3-7	North America	
Asparagus	<i>Asparagus officinalis</i>	herb	Sun	3-4'	1.5-2'	April-May after 2-3 years	Shoots	Male plant produce better crop yields; female plants drop red berries in fall that may cause self- seeding problems	Moderate	3-10	Eurasia	Tolerates rabbits
Turkish rocket	<i>Bunias orientalis</i>	herb	Sun, PS	3'	2'	any time	Greens, broccolis	clump-forming brassica with multiple heads grows several feet across; will grow back from any bit of root	Dry to moderate	6-9	Eurasia*	

Maximilan sunflower	<i>Helianthus maximiliani</i>	giant herb	Sun	3-10'	2-4'	Shoots in spring, seeds in fall	Shoots, seeds, tubers	good for tough growing conditions and poor, dry soil	Dry to moderate	4-9	North America	birds, butterflies
Rhubarb	<i>Rheum x cultorum</i>	herb	Sun, PS	4-5'	3-4'	May - August	Leafstalks	Establish for a year before first harvest. Select three of the largest stalks after leaves fully open. Harvest by gently twisting the stems and pulling from the base of the plant. Tolerates clay and acidic soil; leaves and roots are toxic.	Moderate	3-7	Eurasia	
French sorrel	<i>Rumex acetosa</i>	herb	Sun, PS	8-12"	12"	Any time	Greens, broccolis	Eat in small amounts as oxalic acid can lock up other nutrients in the food	Moderate	3-7	Eurasia	
Wild strawberry	<i>Fragaria virginiana</i>	Herb	Sun, Shade	6"	Runners	Late spring, early summer	Berries	white flowers distinguish from Indian mock strawberry	Moderate	3-10	Yes, No	
Eastern prickly-pear cactus	<i>Opuntia humifusa</i>	Herb	Sun	0.5'	1.5'	Late summer, Fall	Fruit, Peeled pads	Yellow flowers, purple fruit	Dry	4-9	Yes	Butterflies, native bees

CLASSIC CULINARY HERBS

Common Name	Latin Name	Form	Sun	Height	Width	Harvest	Edible Parts	Notes	Moisture	Zones	Native	Wildlife
Chives	<i>Allium schoenoprasum</i>	Herb	Sun, PS	12"	12"	Any time	greens, flowerbuds	A good bee plant; inhibits the growth of legumes; repels insects and moles; reduces incidence of scab when grown under apple trees	Moderate	5-11	No	Bees
Garlic chives	<i>Allium tuberosum</i>	Herb	Sun, PS	12"	12"	Any time	greens, flowerbuds		Moderate	4-8	Asia	Bees
French Tarragon	<i>Artemisia dracunculus var. sativa</i>	Herb	Sun, PS	2'	1'	Any time	Leaves	Much superior to other tarragons for culinary purposes	Dry to moderate	5-8	No	
English Lavender	<i>Lavendula angustifolia</i>	Herb	Sun, PS	4'	3'	Any time	greens, flowerbuds	Dry, rocky, arid conditions	Dry to moderate	5-8	No	Bees
Oregano	<i>Origanum vulgare</i>	Herb	Sun, PS	6"	2x2'	Any time	Leaves	Dry, arid conditions; groundcover	Dry to moderate	4-10	No	Butterflies
Rosemary	<i>Rosmarinus officinalis</i>	Herb	Sun, PS	5'	5'	Any time	Leaves	Evergreen shrub; dry, arid conditions	Dry to moderate	6-9	No	Bees
Sage	<i>Salvia officinalis</i>	Herb	Sun, PS	2'	2'	Any time	Leaves	Evergreen	Dry to moderate	5-10	No	Bees
Winter savory	<i>Satureja montana</i>	Herb	Sun, PS	6-15"	12'	Just prior to flowering	Leaves	Evergreen; good edging plant	Dry to moderate	6-11	No	Bees
Thyme	<i>Thymus spp.</i>	Herb	Sun, PS	8"	12"	Just prior to flowering	Leaves	Evergreen	Dry to moderate	5-11	No	Bees