

Further Reading - April 22, 2022

History of Gardening as Therapy and Social and Emotional Benefits

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Physiological Benefits of Gardening

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Sources for Additional Information

- *Centers for Disease Control and Prevention* - Atlanta Georgia USA
<https://www.cdc.gov/>
- *Chalmers University of Technology* - Gothenburg, Sweden
<https://www.chalmers.se/en/Pages/default.aspx>
- *Intelligent Health* - Basel, Switzerland
<https://intelligenthealth.ai/>
- *Johns Hopkins University* - Baltimore MD, USA
<https://www.jhu.edu/>
- *National Center for Biotechnology Information*
<https://www.ncbi.nlm.nih.gov/>
- *National Institute of Mental Health*
<https://www.nimh.nih.gov/>
- *National Institutes of Health*
<https://www.nih.gov/>
- *Royal College of Physicians* - London, UK
<https://www.rcplondon.ac.uk/>

